



Acacium Group Community

Attaching and Detaching Night Drainage Bag

Procedure Reference | SOP CATH 12

Version | V4.0

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| Procedure Name | Attaching and Detaching Night Drainage Bag |
| Purpose of Document | To ensure that the correct preparation, procedure and outcome are achieved by implementing a consistent, and systematic, approach to the procedure of attaching and detaching night drainage bags |
| Target Audience | All nurses and appropriately trained carers |
| Version | V4.0 |
| Author | Kate Nicholson-Florence |
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| Lead Director | Karen Matthews-Shard |
| Review Frequency | 3 yearly, or when clinical or operation guidelines change |
| Last Reviewed | October 2022 |
| Next Review Date | October 2025 |
| Equality Impact Assessment (EIA) Form | Acacium Group is committed to Equality, Diversity and Inclusion and in line with our values, we strive to ensure that everyone that is part of the Acacium community is not disadvantaged or discriminated against given their individual need or characteristics. To support this, an Equality Impact Assessment has been undertaken on this policy/procedure. This information is held centrally and can be requested from the Clinical Governance Team. |
| About Acacium Group | Details of all Acacium Group trading companies that this policy applies to are detailed within Appendix A |

| Document History | | | |
|------------------|----------|---|-------------------------|
| Version | Date | Changes made/comments | By whom |
| V1 | Dec 2016 | Implementation of document history page. | KNF/SJ |
| V1 | Mar 2018 | Updated front sheet to include new review frequency date. | KMS/MS |
| V2 | Oct 2019 | 3 Yearly Review | Clinical Advisory Group |
| V2.1 | Oct 2020 | Updated re rebrand | CC |
| V3 | Dec 2022 | Reviewed and updated | Clinical Advisory Group |
| V4 | Jan 2024 | Rebrand | Clinical Advisory Group |
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1. Introduction

- 1.1 All Clients that require assistance with continence management using catheters will require regular catheter care such as attaching and detaching night drainage bags. This needs to be timely to minimise the risk of infection and discomfort.
- 1.2 To allow free drainage of urine, overnight when output exceeds capacity of leg bag, to maintain closed drainage system.

2. Aim

- 2.1 To attach or detach a night drainage bag as per clients care plan promoting comfort, privacy and dignity, minimising the risk of infection.

3. Who needs to be aware of this procedure

- 3.1 Only Acacium Group nurses and carers who have been trained and assessed as competent in the procedure should perform this task.

4. Hazards/complications

- 4.1 Back flow of urine, inadequate drainage and risk of infection

5. Assessment of need

- 5.1 The nurse or carer providing care to the Client should keep an eye on the catheter bag to ensure catheter is draining the expected amount of urine and to ensure that the night drainage bag is attached or detached at the appropriate times.
- 5.2 The night drainage bag should be attached as per the clients care plan.

6. Consent

- 6.1 Please read Acacium Group Policy on consent thoroughly and ensure valid consent has been gained.

7. Client and relatives/carers involvement

- 7.1 The Client may wish to undertake attaching or detaching their own night drainage bag or may wish a relative or carer to do this. The nurse or carer employed by Acacium Group should assist with this requirement as long as it is practical and in the best interest of the Client and documented in the daily records.

8. Client information

- 8.1 As part of obtaining valid consent, the risks, benefits and alternatives to treatment will have been discussed.

- 8.2 The procedure must be explained fully in order to gain full cooperation with the procedure.
- 8.3 The Client should be made aware of the signs and symptoms of infection and whom to contact if there are concerns if required.

9. Equipment

- Appropriate PPE as per current guidelines
- Night drainage bag
- Night drainage bag holder
- Disposal bag as per Acacium Group infection prevention and control policy

10. Procedure

10.1 Attaching the night bag

| Action | | Rationale |
|--------|---|--|
| 1 | Explain the procedure to the Client. | To ensure that the Client understands procedure and gives consent. |
| 2 | Ensure that you provide privacy for the Client. | To maintain the Client's dignity and comfort. |
| 3 | Wash and dry hands thoroughly. | To reduce the risk of cross infection. |
| 4 | Put on disposable apron and gloves. | To reduce the risk of cross infection. |
| 5 | Remove cap of night drainage bag and insert tubing into the outlet of the leg bag/catheter valve ensuring no hand contact with exposed end of the drainage bag. | To reduce the risk of cross infection. |
| 6 | Open tap of leg bag/catheter valve. | To allow urine to drain into the night bag. |
| 7 | Leg bag may either: a) Remain loosely attached to leg. b) Remove straps and position leg bag on the bed. | a) To reduce trauma. Provide Client comfort. |
| 8 | Attach the night drainage bag to holder. | To reduce hydrostatic pressure and reduce risk of cross-infection. |
| 9 | Ensure that the Client is comfortable. | Maintain Client comfort and dignity. |
| 10 | Dispose of cap from night drainage bag tubing as per Acacium Group Infection Prevention and Control Policy. | To reduce the risk of cross-infection. |
| 11 | Remove and dispose of gloves and apron as per Acacium Group Infection Prevention and Control Policy. | To reduce the risk of cross-infection. |

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| 12 | Wash and dry hands thoroughly. | To reduce the risk of cross-infection. |
| 13 | Document in the Client's daily record / fluid charts as required. | To ensure an accurate account. |

10.2 Detaching night drainage bag

| Action | | Rationale |
|--------|---|--|
| 1 | Explain the procedure to the Client. | To ensure that the Client understands the procedure and gives consent. |
| 2 | Provide privacy to the Client. | Maintain Client's comfort and dignity. |
| 3 | Wash and dry hands thoroughly. | To reduce the risk of cross-infection. |
| 4 | Put on disposable gloves and apron. | To reduce the risk of cross-infection. |
| 5 | Close tap of leg bag/catheter valve. | Prevent leakage of urine. |
| 6 | Disconnect night drainage bag. | Maintain closed drainage system. |
| 7 | Dry off excess urine on leg bag/catheter valve with tissue/gauze and dispose of as per Acacium Group Infection Prevention and Control Policy. | Prevent environmental contamination |
| 8 | Re-attach leg straps/sleeves to leg bag, secure catheter. | Reduce the risk of urethral and bladder neck trauma. |
| 9 | Ensure that the Client is comfortable. | Maintain the Client comfort and dignity. |
| 10 | Measure the urine if required and record on completion of procedure. | Accurate records. |
| 11 | Drain overnight bag as per manufacturer's instructions. | Dispose of urine and prevent environmental contamination. |
| 12 | Dispose of overnight drainage bag as per Acacium Group Infection Prevention and Control Policy. | To reduce the risk of cross-infection. |
| 13 | Remove and dispose of apron and gloves as per Acacium Group Infection Prevention and Control Policy. | To reduce the risk of cross-infection. |
| 14 | Wash and dry hands thoroughly. | To reduce the risk of cross-infection. |
| 15 | Document in the Client's daily record. | To ensure an accurate account. |

11. Associated Policies / SOPs

Policies

CLIN 04 Urinary Catheterisation Policy
CLIN 07 Infection prevention and Control Policy
CLIN 06 Consent Policy
CLIN 14 Health Records Management Policy

SOPs

SOP CATH 01 Urethral Catheterisation (Male & Female)
SOP CATH 02 Suprapubic Re-catheterisation (Male & Female)
SOP CATH 03 Guidance for Care of Clients Catheterised for Retention of Urine
SOP CATH 04 Catheter Management for urinary catheters that block, bypass or are expelled with balloon intact
SOP CATH 05 Intermittent Self-Catheterisation
SOP CATH 06 Urinary Catheter Removal
SOP CATH 07 Urinary Catheter Bag Emptying
SOP CATH 08 Bladder Washouts
SOP CATH 09 Urinalysis
SOP CATH 10 Collection of a Catheter Urine Specimen
SOP CATH 11 Penile Sheath Application
SOP CATH 13 Mitrofanoff Management

12. References

- The Royal Marsden Manual of Clinical Nursing Procedures. 10th ed. london: Wiley-Blackwell.Sara Lister (Editor), Justine Hofland (Editor), Hayley Grafton (Editor). (2020).

Appendix A: About Acacium Group

Acacium Group consists of a number of trading companies, each providing services within core niche areas of the health and social care industries. Therefore, as this document is a Group Policy, the Policy herein applies to all trading companies detailed below:

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|  Part of Acacium Group |  Part of Acacium Group |
|  Part of Acacium Group |  Part of Acacium Group |