



Acacium Group Community

Urinary Catheter Bag Emptying Procedure

Reference | SOP CATH 07

Version | V4.0

Procedure Name	Urinary Catheter Bag Emptying
Purpose of Document	To ensure that the correct preparation, procedure and outcome(s) are achieved by implementing a consistent, and systematic, approach to the procedure of emptying urinary catheter bags
Target Audience	All nurses and appropriately trained carers
Version	V4.0
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Equality Impact Assessment (EIA) Form	Acacium Group is committed to Equality, Diversity and Inclusion and in line with our values, we strive to ensure that everyone that is part of the Acacium community is not disadvantaged or discriminated against given their individual need or characteristics. To support this, an Equality Impact Assessment has been undertaken on this policy/procedure. This information is held centrally and can be requested from the Clinical Governance Team.
About Acacium Group	Details of all Acacium Group trading companies that this policy applies to are detailed within Appendix A

Document History			
Version	Date	Changes made/comments	By whom
V1	Dec 2016	Implementation of document history page	KNF/SJ
V1	Mar 2018	Updated front sheet to include new review frequency date.	KMS/MS
V2	Oct 2019	3 Yearly Review	Clinical Advisory Group
V2.1	Oct 2020	Updated re rebrand	CC
V3	Oct 2022	3 Yearly Review	Clinical Advisory Group
V4	Jan 2024	Rebrand	Clinical Advisory Group

Table of Contents

1.	Introduction	5
2.	Aim	5
3.	Who needs to be aware of this procedure	5
4.	Hazards/complications.....	5
5.	Assessment of needs.....	5
6.	Consent	5
7.	Client and relatives/carers involvement.....	5
8.	Client information	6
9.	Equipment.....	6
10.	Procedure.....	6
11.	Associated Policies / SOPs.....	7
12.	References.....	7
	Appendix A: About Acacium Group.....	8

1. Introduction

- 1.1 All Clients that require assistance with continence management using catheters will require regular catheter care such as catheter bag emptying. This needs to be timely to minimise the risk of infection and discomfort.
- 1.2 In the home environment where only one catheter is emptied it is not necessary to use a sterile jug, but the jug must be kept clean and for the sole purpose of catheter bag emptying. The outlet valve must not come in to contact with the jug, in order to minimise the risk of ascending infection.

2. Aim

- 2.1 To provide timely catheter bag emptying, promoting comfort, privacy and dignity, minimising the risk of infection.

3. Who needs to be aware of this procedure

- 3.1 Only Acacium Group workers who have been trained and assessed as competent in the procedure should perform an aseptic technique.

4. Hazards/complications

- 4.1 Infection for the Client is the greatest risk. Catheter bags must not be allowed to get to full or have contact with the floor.

5. Assessment of needs

- 5.1 The nurse or carer providing care to the Client should monitor the catheter bag to ensure catheter is draining the expected amount of urine and to ensure that the catheter bag is emptied before it is full. If this is not draining freely, ensure the tubing is not kinked and ensure the client is maintaining adequate oral intake of fluids.
- 5.2 A catheter bag should be emptied when it is no more than three quarters full. A bag that is too full will increase the risk of infection and discomfort for the Client. Refer to Fluid Chart or Care Plan.

6. Consent

- 6.1 Please read Acacium Group policy on consent thoroughly and ensure valid consent has been gained.
- 6.2 **Please now ensure you understand the Consent Policy and Mental Capacity Act in full**

7. Client and relatives/carers involvement

- 7.1 The Client may wish to undertake their own catheter bag emptying or may wish a relative or carer to do this. The nurse or carer employed by Acacium Group should assist with this requirement as long as it is practical and in the best interest of the Client.

8. Client information

- 8.1 As part of obtaining valid consent the risks, benefits and alternatives to treatment will have been discussed.
- 8.2 The procedure must be explained fully in order to gain full cooperation with the procedure.
- 8.3 The Client should be made aware of the signs and symptoms of infection and whom to contact if there are concerns.

9. Equipment

- Alcohol swabs alcohol (if available or water if not)
- Clean jug
- Appropriate PPE

10. Procedure

	Action	Rationale
1	Explain and discuss the procedure with the Client.	To ensure that the patient understands the procedure and gives his/her valid consent (DH 2001).
2	Wash hands using bactericidal soap and water or bactericidal alcohol hand rub and put on disposable gloves and apron.	To reduce risk of cross-infection (DH 2005).
3	Undertake the procedure in an environment where there are no interruptions and privacy are maintained.	Maintain Client's privacy and dignity.
4	Clean the outlet valve with an alcohol swab.	To reduce risk of infection (DH 2005).
5	Allow the urine to drain into the jug. Monitor volume, colour, odour and sediment of urine.	To empty drainage bag and if required accurately measure volume or contents.
6	Close the outlet valve and clean it again with a new alcohol-saturated swab.	To reduce risk of cross-infection (DH 2005).
7	Cover the jug and dispose of contents, this should be emptied into the toilet having noted the amount of urine if this is requested for fluid balance records.	To reduce risk of environmental contamination (DH 2005).
8	Wash hands with bactericidal soap water.	To reduce risk of infection (DH 2005).

11. Associated Policies / SOPs

Policies

CLIN 04 Urinary Catheterisation Policy
CLIN 06 Consent Policy
CLIN 07 Infection Prevention and Control Policy
CLIN 14 Health Records Management Policy

SOPs

SOP CATH 01 Urethral Catheterisation (Male & Female)
SOP CATH 02 Suprapubic Re-catheterisation (Male & Female)
SOP CATH 03 Guidance for Care of Clients Catheterised for Retention of Urine
SOP CATH 04 Catheter Management for urinary catheters that block, bypass or are expelled with balloon intact
SOP CATH 05 Intermittent Self-Catheterisation
SOP CATH 06 Urinary Catheter Removal
SOP CATH 08 Bladder Washouts
SOP CATH 09 Urinalysis
SOP CATH 10 Collection of a Catheter Urine Specimen
SOP CATH 11 Penile Sheath Application
SOP CATH 12 Attaching and Detaching a Night Bag
SOP CATH 13 Mitrofanoff Management

12. References

- The Royal Marsden Hospital Manual of Clinical Nursing Procedures; 7th edition; Dougherty L, Lister S; 2008; Wiley-Blackwell

Appendix A: About Acacium Group

Acacium Group consists of a number of trading companies, each providing services within core niche areas of the health and social care industries. Therefore, as this document is a Group Policy, the Policy herein applies to all trading companies detailed below:

 Part of Acacium Group	 Part of Acacium Group
 Part of Acacium Group	 Part of Acacium Group