



Acacium Group Community

Guidance for Care of Clients Catheterised for Retention of Urine

Procedure Reference | SOP CATH 03

Version | V4.0

Procedure Name	Guidance for Care of Clients Catheterised for Retention of Urine
Purpose of Document	To ensure that the correct preparation, procedure, and outcome are achieved by implementing a consistent, and systematic, approach to care of clients catheterised for retention of urine
Target Audience	All appropriately trained healthcare professionals and carers
Version	V4.0
Author	Karen Matthews-Shard
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Review Frequency	3 yearly, or when clinical or operation guidelines change
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Equality Impact Assessment (EIA) Form	Acacium Group is committed to Equality, Diversity and Inclusion and in line with our values, we strive to ensure that everyone that is part of the Acacium community is not disadvantaged or discriminated against given their individual need or characteristics. To support this, an Equality Impact Assessment has been undertaken on this policy/procedure. This information is held centrally and can be requested from the Clinical Governance Team.
About Acacium Group	Details of all Acacium Group trading companies that this policy applies to are detailed within Appendix A

Document History			
Version	Date	Changes made/comments	By whom
V1	Dec 2016	Implementation of document history page.	KNF/SJ
V1	Mar 2018	Updated front sheet to include new review frequency date.	KMS/MS
V2	Nov 2019	Yearly Review	Clinical Advisory Group
V2.1	Oct 2020	Update re Rebrand	CC
V3	Sept 2022	3 yearly review	Clinical Advisory Group
V4	Jan 2024	Rebrand	Clinical Advisory Group

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1. Introduction

- 1.1 Urinary catheterisation is a common medical procedure involving the insertion of a catheter into the urinary bladder via the urethra, (urethral catheterisation) or through an incision in the lower abdomen, (suprapubic catheterisation). A urinary catheter may be used to evacuate or instil fluids in to or out of the bladder.

2. General

- 2.1 It is accepted that best practice for catheterisation care needs to be completed by a competently assessed worker.

3. Aim

- 3.1 All professionals involved in providing Client care are always expected to promote quality and safety, ensuring compliance with their regulatory bodies and professional codes of conduct (where applicable). This SOP outlines the process that all Acacium Group staff must follow for the care of a client with retention of urine.

4. Equipment

- Client Care Plan
- Record of Urinary Catheter Management
- Sterile catheterisation pack
- Alcohol hand sanitiser
- Intermittent Catheter
- Disposable pad
- Sterile anaesthetic gel
- Sterile gloves
- Sterile water
- Apron
- Drainage bag
- 0.9% sodium chloride solution for cleansing (saline)
- Attachment device Stand/holder if applicable
- Universal specimen container (only required if clinical assessment identifies need for laboratory analysis)

5. Procedure

5.1 Management of Clients' Catheterised for Retention

Action		Rationale
1	Catheterisation for retention of urine – volumes will be detailed in the care plan being retained in the bladder (male and female)	Refer to GP or urologist for out-patient appointment

2	Follow catheterisation SOP (Sop 01 and Sop 02)	To ensure effective catheterisation
3	If the Client drains more than Volumes detailed in the clients care plan per hour after initial drainage. Monitor output hourly for first four hours	Refer to accident and emergency or GP – Client may develop hypovolaemic shock
4	Catheterisation for retention of urine output Refer to GP for inclusion in local catheterisation pathway protocols	Urgent urology referral if renal tests abnormal Check with GP

5.2 Contra Indications

Catheterisation – Contra Indications		Contra Indications Suprapubic Catheters
1	<ul style="list-style-type: none"> If Client has cognitive impairment; Client may pull the catheter causing trauma. Bag will need to be secured to the leg by using a G Clamp or Uri sleeve rather than just straps Client has had previous bladder surgery within the last 12 weeks <p>Consent not given by client</p>	<p>Predisposing conditions which should be taken into consideration prior to suprapubic catheterisation:</p> <ul style="list-style-type: none"> Clotting disorders Morbid obesity Ascites Previous lower abdominal surgery <p>Bladder tumour</p>

5.3 Indwelling Urinary Catheter Risks

Indwelling Urinary Catheter Risks		Risk Factors Catheter Valves
1	<ul style="list-style-type: none"> Client has known allergy to latex Client has urethral stricture A structure or obstruction may make Catheterisation procedure difficult Client has cognitive impairment There is a small risk of damaging the urethra when inserting a catheter Some clients may experience discomfort Potential for the catheter to block Increased risk of urinary tract infection Possible leakage, bypassing of urine <p>May develop bladder issues with long term catheters</p>	<ul style="list-style-type: none"> Renal impairment Overactive bladder Ureteric reflux <p>Renal function tests to be completed before use of catheter valve</p>

6. Associated Policies / SOPs

Policies

CLIN 04 Urinary Catheterisation
CLIN 14 Health Records Management
CLIN 06 Consent
CLIN 07 Infection Prevention and Control

SOPs

SOP CATH 01 Urethral Catheterisation (Male & Female)
SOP CATH 02 Suprapubic Re-catheterisation (Male & Female)
SOP CATH 04 Catheter Management for urinary catheters that block, bypass or are expelled with balloon intact
SOP CATH 05 Intermittent Self-Catheterisation
SOP CATH 06 Urinary Catheter Removal
SOP CATH 07 Urinary Catheter Bag Emptying
SOP CATH 08 Bladder Washouts
SOP CATH 09 Urinalysis
SOP CATH 10 Collection of a catheter urine specimen
SOP CATH 11 Penile sheath application
SOP CATH 12 Attaching and detaching a night bag
SOP CATH 13 Mitrofanoff Management

Appendix A: About Acacium Group

Acacium Group consists of a number of trading companies, each providing services within core niche areas of the health and social care industries. Therefore, as this document is a Group Policy, the Policy herein applies to all trading companies detailed below:

 Part of Acacium Group	 Part of Acacium Group
 Part of Acacium Group	 Part of Acacium Group